

Client Information

Name:

Address:

Date of Birth:

Primary Phone Number:

May messages be left on this number? Yes No

Alternate Phone Number:

May messages be left on this number? Yes No

E-mail address:

May I contact you via e-mail? Yes No

Please Review

Single Session Counselling

Single Session Counselling is different than traditional/ongoing counselling in that the counselling process occurs in one 60 minute session. This approach understands that therapy can help people create achievable goals and identify and access their strengths to make progress toward goals in one conversation. You can choose to book future single sessions and a therapist will work with you on the goal identified for that session. If you are seeking a longer term therapeutic relationship, we can provide information and referral to other therapists.

Appointments

Appointments will ordinarily be 60 minutes in length. If you need to cancel or reschedule a session, we ask that you provide with 24 hours notice. If you miss a session without canceling, or cancel with less than 24 hours notice, you may be required to pay for the session. (Unless we both agree that you were unable to attend due to circumstances beyond your control)

Confidentiality

Information you share during sessions will be kept confidential. If you wish to have information released, you will need to sign a consent form. You should be aware that there are some limitations to confidentiality. We are required by law to release information if a client poses a risk to themselves or others and in cases of child abuse or neglect. In order to give the best possible service, we may consult with other professionals, but no identifying information would be included.

Professional Fees

You are responsible for paying at the time of your session unless prior arrangements have been made. Payment may be made online or by cash, e-transfer, cheque or credit card. We will provide you with a receipt of payment for services, which you can submit to your insurance provider. Trish Smith is a Registered Clinical Social Worker. It is your responsibility to ensure your insurance provider will reimburse therapeutic services provided by a Clinical Social Worker. If you have Blue Cross, direct billing may be an option.

Blue Cross Group Number

ID Number

Fee schedule - \$160/hour

Your signature below indicates that you have read and agreed to the above terms of service.

Signature
 Parent or Guardian if Client is under 18

Date